



## WELL ROUNDED

### BREAKFAST WRAP

FLOUR OR WHEAT TORTILLA, SCRAMBLE EGGS, CHEDDAR CHEESE, POTATOES, SALSA ROJA

### OMELETTE

FARM EGGS, SMOKED CHEDDAR CHEESE, ADD YOUR FAVORITE VEGGIES OR PROTIEN

### FARMER'S BREAKFAST

SCRAMBLE FARM EGGS, SMOKED CHEDDAR ON CIABATTA

### BAGEL IN THE AM

EVERYTHING CREAM CHEESE, TOMATO, BACON

ADD AN EGG +1.50

ADD VEGGIE TO ANY OF THE ABOVE +1

AVOCADO, TOMATO, ARUGULA, JALAPENO, MUSHROOM, GARDEN HARVEST

ADD PROTEIN TO ANY OF THE ABOVE +2

BACON, SAUSAGE, SOYRIZO, OR HAM

## 5 GRAINS

### ACAI ACRE

ACRE GRANOLA, ACAI GREEK YOGURT, BERRIES & HONEY

### BREADS & SPREADS

CHOICE ONE:

BAGEL, CIABATTA, OR SOURDOUGH

CHOICE ONE:

BUTTER, PLAIN CREAM CHEESE,

EVERYTHING CREAM CHEESE, HONEY

CASHEW BUTTER OR

JUSTIN'S PEANUT BUTTER

## SIDES

### SIMPLE FRUIT

1

### TOAST

2

### ONE FARM EGG

2

### HOME FRIES

3

### APPLEWOOD BACON

4

### SEASONAL FRUIT

4/6

## RETAIL SNACKS

### ASSORTED PASTRIES 2-3

ROTATING SELCTION OF; DANISH, CROSSANTS, COOKIES, & MUFFINS

### CRAVORY COOKIES 2.25

### LENNY & LARRY 3.50

### PROTEIN COOKIES

### KETTLE CHIPS

LARGE

4.50

SMALL

2

### ROTATING SELECTON: 1-6

PRETZELS, PROTEIN BARS, FRUIT

STRIPS, KALE CHIPS, NUTES,

& CHIPS

## RETAIL DRINKS 2-4.50

### ROTATING SELECTION OF;

KOMBUCHA, ARGO TEA,

PELOGRINO, SAMBAZON ENERGY,

HAWAIIAN SPRING WATER, JOIA &

BRUCE COST SPARKLING WATER

## SODA

2

## FRESH PRESSED

### FRESH JUICES

3

## SMOOTHIES

5

### GREEN MAN

KALE, AVOCADO, GREEN TEA SYRUP

ALMOND MILK

### IN A NUT SHELL

BANANA, CASHEW BUTTER, ALMOND

MILK \* TRY JAVA JONE WITH ESPRESSO

### FRESH & FRUITY

FRESH BERRIES, BANANAS, ALMOND

MILK

ADD PROTEIN POWDER +1

## LIQUID ENERGY

CAFE MOTO COFFEE

2

ESPRESSO

2.50

AMERICANO, MACCHIATO,

3

CAPPUCCINO

LATTE

3.50

MOCHA, CHAI LATTE

4

MATCHA LATTE

DIRTY CHAI LATTE

4.50

COLD BREW

5



@SDGreenAcre



@GreenAcreNautilus



ALEXANDRIA.

\*Substitutions made at Chef's discretion.

\*We will do our utmost to accommodate allergies &

Wifi: PUB\_Nautilus

Password: Nautilus3535

BREAKFAST 7AM - 10:30AM