



Nautilus

# BREAKFAST 7AM - 10:30AM



## WELL ROUNDED 5.54

### BREAKFAST WRAP

FLOUR OR WHEAT TORTILLA, SCRAMBLE EGGS, CHEDDAR CHEESE, FRIES, SALSA ROJA

### CLASSIC

TWO FARM EGGS ANY STYLE, TOAST CHOICE OF PROTIEN

### OMELETTE OR SCRAMBLE

FARM EGGS & SMOKED CHEDDAR CHEESE ADD YOUR FAVORITE VEGGIES OR PROTIEN

### FARMER'S BREAKFAST

SCRAMBLE FARM EGGS, SMOKED CHEDDAR ON CIABATTA

### BAGEL IN THE AM

CREAM CHEESE, TOMATO, BACON ADD AN EGG +1.50

### BREAKFAST BAGEL 6.75

JALAPENO CREAM CHEESE, AVOCADO, FARM EGG ANY STYLE, TOMATO, BACON

ADD VEGGIE TO ANY OF THE ABOVE +1

TOMATO, ARUGULA, JALAPENO, MUSHROOM,

ONION, PEPPERS, GARDEN HARVEST, AVOCADO (+1.25)

ADD PROTEIN TO ANY OF THE ABOVE +2

BACON, SAUSAGE, SOYRIZO, OR HAM

## GRAINS

### ACAI ACRE 5.32

ACRE GRANOLA, ACAI GREEK YOGURT, BERRIES & HONEY

### OATMEAL CUP 4 BOWL 6

DRIED CHERRIES & BROWN SUGAR

### FRENCH TOAST 6.47

MAPLE SYRUP & BERRIES

### BREADS & SPREADS 3.71

CHOICE ONE:

BAGEL, CIABATTA, OR SOURDOUGH

CHOICE ONE:

BUTTER, PLAIN CREAM CHEESE, JALAPENO CREAM CHEESE, HONEY CASHEW BUTTER, JELLY OR JUSTIN'S PEANUT BUTTER

## SIDES

SINGLE FRUIT 1

SOURDOUGH TOAST 2

ONE FARM EGG 2

HOME FRIES 3

SIDE OF PROTIEN 4

SEASONAL FRUIT CUP 4 BOWL 6

## FRESH PRESSED

FRESH JUICES 3

## SMOOTHIES 5.54

### GREEN MAN

KALE, AVOCADO, GREEN TEA SYRUP ALMOND MILK

### IN A NUT SHELL

BANANA, CASHEW BUTTER, ALMOND MILK

ADD ESPRESSO FOR JAVA JONES +1

### FRESH & FRUITY

FRESH BERRIES, BANANAS, ALMOND MILK

ADD PROTEIN POWDER +1

## LIQUID ENERGY

CAFE MOTO COFFEE 2

ESPRESSO 2.50

AMERICANO, MACCHIATO, 3

CAPPUCCINO

LATTE 3.50

MOCHA, CHAI LATTE, 4

MATCHA LATTE

DIRTY CHAI LATTE 4.50

COLD BREW 5

SODA 2

## RETAIL SNACKS

### ASSORTED PASTRIES 2-3

ROTATING SELCTION OF; DANISH, CROSSANTS, COOKIES, & MUFFINS

### CRAVORY COOKIES 2.25

### LENNY & LARRY 3.50

### PROTEIN COOKIES

### KETTLE CHIPS

LARGE 4.50

SMALL 2

### ROTATING SELECTON: 1-6

PRETZELS, PROTEIN BARS, FRUIT STRIPS, KALE CHIPS, NUTES, & CHIPS

## RETAIL DRINKS 2-4.50

### ROTATING SELECTION OF;

KOMBUCHA, ARGO TEA, PELOGRINO, SAMBAZON ENERGY, HAWAIIAN SPRING WATER, JOIA & BRUCE COST SPARKLING WATER

Wifi: [PUB\\_Nautilus](#)

Password: [Nautilus3535](#)



@GreenAcreNautilus @SDGreenAcre



ALEXANDRIA.

\*Substitutions made at Chef's discretion.

\*We will do our utmost to accommodate allergies & specific dietary needs.